IT’S NOT JUST A BITE

Mosquitoes spread serious diseases, like West Nile virus and Zika.

**West Nile Virus is in LA and can cause severe illness, even death.**
While everyone is at risk for West Nile virus, people over 50 and those with health problems are at greater risk of serious illness. Protect yourself and your family from West Nile virus. Use mosquito repellent when you’re outdoors.

**Zika Virus can cause serious birth defects.**
Zika is spreading in Mexico, Central and South America, and the Caribbean. If you’re pregnant or plan to become pregnant, protect yourself from mosquito bites. Wait to travel to these areas until after your baby is born.

LEARN MORE AT www.publichealth.lacounty.gov or call 2-1-1