El Nido Park ("the nest") is situated on 12.34 acres at 18301 Kingsdale Avenue in Northeast Torrance. It was named after an unincorporated area of the community. The land was acquired through an agreement with Los Angeles County on January 21, 1958 and an additional 40 feet of land was obtained in 1964.

El Nido was once a popular park for youth group camping events. In 1958, the Rotary Club donated barbecue pits. The park has a basketball court, a lighted softball field, soccer field, volleyball court and horseshoe pits. The picnic area with barbeques is well shaded. There is also a large children’s play area. The park also has a community building with meeting room and kitchen which was built in 1956; it can accommodate up to 30 people.